

Embodiment in health & welfare work

Professionalism, empathy, and non-verbal communication



In collaboration with professional dancer Henriette Slorer, I offer workshops for BA and MA students of health, care, social work, pedagogy, and education.

Our workshops can vary from 1-3 days in length and are suitable for groups of up to 18 students.

We start the days on the floor, with exercises that increase the students' embodied and emotional consciousness, sensuousness, and bodily understanding of fellow students. We focus on them as individuals, on the group as a community, and on how they relate to space, time and materiality. After sharing our reflections on the exercises as a group, the theory is introduced. The students get philosophical insights into the structures behind their lived experiences, as well as tools for their future work with people.

I teach in English, Danish, and Norwegian.

Reference:

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CAMILLE BUTTINGSRUD MA in Philosophy